## Sai Vibrionics...towards excellence in affordable medicare - free to patients

## Sai Vibrionics Newsletter

### www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
...Sri Sathya Sai Baba

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# **©** From the Desk of Dr Jit K Aggarwal **№**

#### **Dear Practitioners**

It is again that time of year when we desperately miss the physical presence of our beloved Lord Sai. However, instead of wishing He had not left us, we should be immersing ourselves in His Love by doing His work. What a wonderful seva of Sai Vibrionics we have – a tool to heal ourselves and others and feel His grace and compassion through our work!

You will be happy to know that as of last month we have gone official! *The International Association of Sai Vibrionics Practitioners* (IASVP) is now a registered body and we invite those of you who are actively engaged in the treatment of patients and have been sending your monthly reports regularly to apply for membership. You can do this by downloading the application form that will soon be available on our website. Registered members will receive a certificate, authorising them to officially practice Sai Vibrionics, and also an identity card. A nominal annual fee of Rs 100 will be charged to cover administrative costs. Members will be compelled to abide by the strict Rules of Conduct as per the byelaws of IASVP, failing which their membership is liable to be terminated.

Our Sai Vibrionics family spans over 80 countries across the globe and we would like to register associations like IASVP in countries where we have large number of practitioners. It will give us an official standing to practice and teach the system. However, we cannot to do this without your help. We invite all active practitioners in countries overseas to step forward to take on this initiative for their respective countries.

With constant input from many of you, Vibrionics is continuously evolving. Some of you might recall the times when there was a big NO to coffee and we had to keep the remedies far away from TVs and mobile phones etc. Then came the information about protecting remedies from various sources of radiation. In 2007 when Swami blessed the first 108CC box, all remedies included the anti-radiation protection. Even so, these boxes are only safe from occasional lapses of leaving them near a radiation source for a short time. We have had a lot of positive feedback on the efficacies of these combos. These were expanded to cover another 300 diseases and with some improvements, we made a new box which Swami blessed in March 2008 (picture inside your 108CC book). An addition of another 200 diseases and further improvements resulted in the latest 108CC box which was placed at Swami's lotus feet in August 2011. Whenever we receive any useful information, our very active research team studies and investigates it. Only after these tests is approval granted for research findings to be circulated to all practitioners.

As the Vibrionics movement is gaining impetus, we are actively looking for volunteers to help us manage it. Some of our practitioners in India have offered to help us with Vibrionics related administrative and management activities – thank you all! I have had meetings with various State in-charges in the country

and we are in the process of dividing States into zones and appointing sub-coordinators to take care of their particular zones. Thus far, the State in-charges have been doing an excellent job of holding refresher workshops which are not only useful for active practitioners but are also encouraging to those who have not been practicing Vibrionics regularly. The need of the hour is to do the same in other countries.

So, I appeal to all active practitioners to come forward and volunteer to take up the task of keenly spreading Vibrionics awareness in your particular country. This is Swami's work – started under the direct physical guidance of our beloved Lord – it is our duty to Him to not just keep it alive but to spread Sai Vibrionics far and wide! See His form in the mirror of your heart and feel energized to *Love all and Serve all*.

In loving service to Sai Jit Aggarwal

# **™** Important: Attention All Practitioners **™**

As the Sai Vibrionics work continues to expand, it has become necessary to create uniform Registration numbers for all practitioners throughout the globe. To this end, we have made it mandatory for all Registration numbers to have five digits. All previous 5-digit numbers started with 0 and this first zero has now been replaced with 1. All previous 4-digit numbers have been prefixed by an extra zero to make them 5-digit numbers.

So if your old Regn no. had 5 digits (eg, 00287) or 4 digits (eg, 2874), your new no. will be 10287 or 02874 respectively. Inevitably, this has resulted in modification of the procedure for login to our website. Your new login ID is now EXACTLY your new 5-digit Registration number without any prefix. In the above two examples, your login ID will be 10287 or 02874. The Login password will remain the same as before, i.e., SaiRam-10287 or SaiRam-02874. For those used to prefixing their Regn no. with S, this old login ID will still be valid for some time.

# **Case Histories Using Combos**

### 1. Ongoing Bleeding after Delivery 12011...India

Ever since she gave birth 14 years ago, this patient was suffering from very heavy menses every month and intermittent bleeding throughout the rest of the month. She had taken costly allopathic medicines but there was no improvement. During her menses, she was so anaemic that she had to be given blood transfusions. During this time she also contacted TB which weakened her still further to a point that she had to spend much of the time in bed. The practitioner gave her:

CC8.7 Menses frequent + CC19.3 Chest infections chronic...TDS.

In just one month's time, her bleeding had completely stopped and the TB symptoms had also disappeared. This wonderful healing has made the patient very happy. On the request of the patient the medicine continues to be given to safeguard against any recurrence of the symptoms.

### 2. Leukaemia 11993...India

A 72-year old male had been diagnosed with the last stages of blood cancer. He had been suffering from this for two years, was also diabetic and bedridden. Doctors predicted that he would not live for more than two weeks. He was given the following:

#1. CC2.1 Cancers - all + CC3.1 Heart tonic...TDS

#### #2. CC6.3 Diabetes + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

Treatment started on 28 September 2011. One month later, his sons who are doctors, checked his blood and he was 50% better. Three months later, he was 75% better and three months after that in April 2012, his blood was 100% normal. The patient discontinued medication after this complete recovery. In November he relapsed and passed away peacefully having lived a year longer than his doctors had predicted.

**Note:** Usually patients continue taking their combo with reduced dosage for a long time after a cure especially when the patient is elderly.

### 3. Back Pain 02854...UK

A 44 year old male patient had suffered with back pain for 22 years due to a sports injury. He was given: **CC15.1 Mental & Emotional tonic + CC20.5 Spine...BD** 

After 3 weeks of taking the medicine the patient felt 50% better and at the end of two months had no back pain. He continues to take the combo OD for the time being.

### 4. Diarrhoea & Vomiting in a Dog 02871...USA

A 1½ year old small dog was suffering from diarrhoea and vomiting. The practitioner prepared the following:

**CC1.1** Animal tonic + CC4.8 Gastroenteritis...5 pills to be put in 200 ml of water and 5 ml of the remedy to be given every 10 minutes for the first 2 hours and afterwards at TDS.

The dog recovered after the first dose and was very keen to come and drink the medicine! The combo was continued for the next 3 days at TDS and then reduced to BD and finally OD throughout the week to avoid a relapse.

## 5. Trees <sup>00437...India</sup>

On an experimental basis, the practitioner and his wife sprayed **CC1.1 Animal tonic + CC1.2 Plant tonic** mixed with water, on all the plants in their garden. The effect was miraculous and those plants with minimal growth in the last couple of years, showed a revival as if new life was injected into them. It has been a very satisfying experience, the practitioner said.

**Note**: It is a rather surprising combo and there must be something in Animal tonic that the plants needed which was not in the soil, may be it was the vibration of **NM35 Worms**!

### 6. Gangrene of Fractured Leg 11483...India

A 22 year old male met with an accident and the left lower limb was fractured. He was treated in a hospital and a rod was inserted into the fractured limb. Four months later, when the cast was removed, it was found that the fracture had not healed and gangrene had set in. An orthopaedic doctor, who was at the medical camp on the 6<sup>th</sup> January 2013 where the man came for help, predicted only a 50% recovery and suggested surgery. For the next month, he was given the following combo:

NM3 Bone I + NM20 injury + NM25 Shock + NM59 Pain + SM15 Circulation + SR264 Silicea 200C + SR271 Arnica 6C + SR293 Gunpowder + SR298 Lachesis 30C + SR325 Rescue + SR405 Ruta 6C + SR408 Secale corn...6TD for one week followed by TDS.

On his next visit to the doctor at the hospital on 7<sup>th</sup> Feb, it was found that his bone was growing and the wound healing. The doctor said that surgery was no longer required. A regular change in dressing of the wound was advised. He started walking 3-4 days after his visit.

After three days when the practitioner went to change the dressing, he found the skin was growing but there was one point from where the wound was suppurating. So **NM16 Drawing** was added to the above combo. The wound has now fully healed and the patient has made a complete recovery but the above remedy is still continuing at a lower dosage.

### 7. Jilted in Love 11467...India

A male teacher aged 25 was under great stress and tension. He was unable to cope with the shock when his girlfriend for 5 years, whom he was hoping to marry, suddenly broke off their relationship for someone else. As well as his emotions being out of balance, he had also developed pain in his neck and shoulders. The practitioner gave him:

SR258 Kali Phos + SR271 Arnica 30C + SR296 Ignatia 30C + SR311 Rhus Tox 200C + SR325 Rescue + SR405 Ruta 30C....TDS.

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After taking the combo for only one day he started to feel much better mentally and in a further 6 days, the disappointment and stress were gone and all physical pain had vanished.

### 8. Multiple Problems Cured by Blood Nosode 02836...India

A 64 years old male had been suffering from severe knee pain for the past 10 years. He was obese, constipated, suffered from sleeplessness, anxiety, tension and stress. He was not stable in any business he did. For the last 7 years, he had suffered hereditary eczema on both ankles. The treatment started on 30 Nov 2011 with a **Nosode of his blood** at **200C**. During the first week, dosage was kept at **OD** due to concern for possible pullout, **BD** for the 2<sup>nd</sup> week followed by **TDS** from 15 December 2011 onwards.

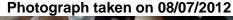
The results were miraculous: the knee pain was 90% better within one week and at the same time he started to feel light, happy and energetic. On the 8<sup>th</sup> March 2012 it was noticed that the eczema on the left ankle was up to 40% better and the right ankle showed an 80% improvement. The treatment continued with just the nosode without giving any allopathic, ayurvedic or any other alternative medication.

By the 8<sup>th</sup> July 2012 the left ankle showed 80% improvement and the right ankle 90% improvement. After this date the patient has not returned for further treatment and it is assumed he has completely recovered from all of his earlier symptoms.

Below are photos of the eczema before and after treatment.









### **Important Reminder:**

We are hearing of what a powerful healing tool is the nosode made with the Sai Ram Healing Potentiser machine. We are also hearing of cases of miraculous cures taking place via the 108CC box and the machine. Please help all practitioners and future patients around the world by sending in your successful cases for publication in our future Newsletters.

## **cs** What is new? **20**

### Plant Experiments

Following on from the mention of our plant experiments in our last newsletter, the work is still continuing. However so far, it can be concluded on the basis of reports from many practitioners that the effect of using vibrionics on plants, compared with the control plant, has resulted in larger leaf or flower size, taller plants, more new shoots and generally healthier look. In view of these highly encouraging results, we recommend that all practitioners with such a facility should use CC1.2 Plant tonic and other CCs and report back their findings (with pictures and measurements) so that we can compile a comprehensive report on their research. Another important finding was that the seeds when planted, after soaking in a vibrionics solution (as opposed to soaking in just plain water, as in the case of control seeds) for 24/48 hours, were producing longer roots with many little feeder roots like small hairs off of each root sprout. The tops on many of these seeds had opened with the beginning of stems and leaves emerging, whereas hardly any of the tops opened in the case of the control seeds.

# **&** Health Tips **&**

Sai Vibrionics offers health information and articles for educational purposes only; this information is not meant as medical advice. Counsel your patients to see their medical doctor about their specific medical condition.

### **Cordless and Cell Phones and Your Health**

Electromagnetic fields, or EMFs, are areas of energy that form around all electrical appliances and devices and from cell phone towers and power lines. It is true that the

EMFs created by these items can cause health risks, so interacting with them as little as possible is something that everyone should strive to do. Your body is sensitive to electricity (some if its functions actually rely upon electric current), so it is understandable how you can be affected by the EMFs radiated by cells phones, computers, microwaves, televisions, and other electrical devices. But is there one product that is worse than others? One everyday item you may use that could be hurting your body? Yes. Research has indicated that cordless phones can be up to one hundred times more dangerous than their mobile counterparts!

### **Cordless Phones**

Having a cordless phone instrument at home is as detrimental to your health as installing a mobile phone tower in your drawing room, say scientists Lennart Hardell, Michael Carbery and Kjell Hasson Mild from the University of Sweden. This view is backed by various other medical experts. "I'd rather recommend anyone who has a cordless phone to switch to a plug-in phone" affirms Dr David Dowson, practitioner from Harley Street in London.

### **Mobile Phones**

Do not use cell phones for long conversations or keep others talking on their cell phone for more time than is necessary. Even a two-minute call has been found to alter the natural electrical activity of the brain for up to an hour afterwards, claims a Swedish report. In 2007, Dr Lennart Hardell found that cell phone users had an increased risk of a malignant tumour that starts in the brain or spine.

For those whose job requires them to talk on the phone for long, it's advisable to take specific nutritional supplements (under the guidance of a health expert). Call centres ought to use scientifically validated EMF protection devices to ensure employee health. "Advanced technologies are available nowadays that strengthen your bio-energy field and immune system against the effects of EMF," says Dr Bajpayee.

Although studies are required to further corroborate the physical hazards of radiation, nevertheless, some timely conscious steps (eg, use of items that produce less radiation than others) can help you protect your dear ones from these waves hovering inside your home. Though many people have foregone land lines altogether, if you still have your home phone you, should seriously consider switching out your cordless headset for a corded model.

The EMFs released by a cordless phone can cause many health issues e.g.,

- \* Learning Disorders
- \* Mood and Behaviour Changes
- \* Nervous System Disorders
- \* Cancer, including Leukaemia, Breast Cancer, and Brain Tumours
- \* Insomnia
- \* Headaches

Land lines have long been thought to be safer than mobile phones, and corded phones still are, but cordless land lines have the potential to emit EMFs as strong as six volts per meter - twice as strong as those found 100 metres away from mobile masts. Two metres away from the charger the radiation is still as high as 2.5 volts per metre - that's 50 times what scientists regard as a safe level. At a metre away the danger is multiplied 120 times - and it only drops to a safe 0.05 volts per metre when you are 100 metres away from the phone. Because of the way cordless phones work, the charger constantly emits radiation at full strength even when the phone is not in use - and so does the handset when it is off the charger.

### What Can You Do to Reduce Exposure?

If you have a cordless phone, think about how you can replace your current device with a corded model to cut down on EMF exposure in your home. Though you will not have the same freedom to walk around as you do with a cordless model, try putting your corded phone in the room where you often sit to talk to make the transition easier. Replacing your cordless phone can drastically reduce the EMF saturation in your home and allow you to provide a more health-conscious lifestyle for your family.

If you can't live without a cordless phone choose 900 MHz cordless phone instead of higher frequency phones. Most 2.4 GHz and 5.8 GHz phones base stations constantly broadcast but the majority of 900 MHz phones don't. Also the 900 MHz cordless phones use an analogue signal. The 2.4 GHz and the 5.8 GHz phones use more biologically damaging pulsed digital signals. Additionally, keep the phone away from your bed, so that you are not exposed to EMFs while you sleep.

Although the World Health Organization (WHO) is yet to confirm that electromagnetic radiations have an ill-effect on health, it could mean that the effect is simply undetectable with our method of measurement. Therefore, negative results are generally less convincing than strong positive ones

#### Sources:

http://www.naturalnews.com/034078 cordless phones EMFs.html

http://bodyecology.com/articles/little-known-dangers-of-emf.php

http://www.emf-health.com/reports-cordlessphones.htm

http://www.emfprotectionltd.com/pages/Cordless-Phones-and-Cell-Phones

### **Health Benefits of Asparagus**

Asparagus is a springtime vegetable that is versatile and uniquely delicious It is the perfect time of year



to get out and find some locally grown, preferably organic asparagus. The asparagus is a member of the lily family. It grows easily in the home garden right in the flower bed - it is a perennial and can yield a harvest for decades. Asparagus can be planted as seeds or roots any time of the year.

Asparagus was grown for food and medicinal purposes over 2000 years ago. Greeks and Romans believed in its healing and medicinal properties. Nowadays, it is recognised as a particularly healthy vegetable thanks to the range of nutrients,

vitamins and minerals it contains.

Asparagus is also one of the only vegetables to contain inulin, which feeds friendly bacteria that live in the large intestine. Studies show that asparagus balances insulin levels, which means that it powerfully prevents diabetes. Ensuring that our insulin levels are stable is one of the most important things we can do for our health. It allows us to live long and feel good. Its unique mineral profile makes it an effective natural diuretic. Natural diuretics promote the formation of urine in the kidneys, aiding in detoxification and cleansing.

This makes it a great food for preventing yeast overgrowth, and it generally keeps the digestive system and belly well.

#### Health benefits of asparagus are many. Here are seven reasons why asparagus keeps us healthy:

- 1. Detoxing our system asparagus has 288 milligrams of potassium per cup. Potassium is known for reducing belly fat. It also contains 3 grams of fibre which cleanses the digestive system. It has virtually no natural sodium so no bloating during PMS, has no fat or cholesterol, and one cup has only 40 calories. According to a clinical dietician at UCLA Medical Centre, USA, asparagus is the ultimate in detox vegetables.
- 2. Anti-aging purposes asparagus is rich in potassium, vitamin A, and foliate. It is also very high in glutathione an amino acid compound with potent antioxidant properties; a must as an aging deterrent. Glutathione (GSH) is an antioxidant that protects cells from toxins such as free radicals. Another anti-aging property of this delicious spring veggie is that it may help our brains fight cognitive decline. Like leafy greens, asparagus delivers foliate which works with vitamin B12—found in fish, poultry, meat and dairy—to help prevent cognitive impairment. In a study from Tufts University, USA, older adults with healthy levels of foliate and B12 performed better on a test of response speed and mental flexibility. If you're 50 plus, be sure you're getting enough B12 your ability to absorb it decreases with age.
- **3. Protection against cancer -** asparagus is high in foliate which is now known to be an important protection against cancer. **Note:** Foliate is found naturally in leafy green vegetables, and citrus fruits. While folic acid is said to be the same as foliate, folic acid is the supplemental (pill) form. It is always recommended that you get health benefits from eating healthy whole foods.
- 4. Reducing pain and inflammation it is the foliate that helps reduce inflammation.
- **5. Preventing osteoporosis and osteoarthritis -** asparagus has vitamin K which studies have shown can help prevent osteoporosis and osteoarthritis. Vitamin K aids in bone formation and repair. It is also necessary for the synthesis of osteocalcin. Osteocalcin is the protein in bone tissue on which calcium crystallizes. Asparagus has been listed as the number one source of vitamin K.

- **6.** Reducing the risk of heart disease it is the foliate that has been shown to reduce the risk of heart disease.
- 7. Preventing birth defects getting enough foliate (doctors often recommend the folic acid supplement) is especially important for women who are pregnant or plan to become pregnant. Having a foliate deficiency has been correlated with increased risk of Spina Bifida (a spinal cord birth defect) and also anencephaly (a neural tube defect). Foliate helps to regulate embryonic and foetal nerve cell formation and may also help to prevent premature births.

Additionally, studies have shown that the nutritional benefits of asparagus can help prevent and treat urinary tract infections and kidney stones. Overall, asparagus is rich in potassium, vitamin A, foliate, glutathione, and vitamin K. It is high in fibre, has no sodium, is low in calories and has no cholesterol or fat.

The most common type of asparagus is green, but you might see two others in supermarkets and restaurants: white, which is more delicate and difficult to harvest, and purple, which is smaller and fruitier in flavour. You may notice some asparagus spears are thick and some are thin. The thick ones are best for roasting or steaming; latter is the best and also very quick. The thin spears are ideal for the grill or if you are planning to sauté. *Please note:* Certain health practitioners recommend not mixing asparagus with artichokes and spinach in the same meal, as their juices are not compatible.

For optimum health benefits, it is suggested that asparagus be eaten raw. Before eating, the woody stem should be removed from both the thick spears and the thin. Peel only the thick spears before cooking. It is delectable finely chopped in salads, barbecued with mustard, or lightly steamed. No matter which type of asparagus you choose, it is a tasty and versatile vegetable that can be cooked in myriad ways or enjoyed raw in salads.

#### Sources:

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- 2. http://bkcreative.hubpages.com/hub/10-Super-Health-Benefits-of-Asparagus
- 3. http://www.eatingwell.com/blogs/health\_blog/5\_powerful\_health\_benefits\_of\_asparagus\_you\_probably\_didn\_t\_know\_
- 4. <a href="http://www.google.co.in/url?sa=t&rct=j&q=asparagus%20benefits&source=web&cd=6&cad=rja&sqi=2&ved=0CFYQFjAF&url=http%3A%2F%2Fwww.pureinsideout.com%2Fasparagus-extraordinary-health-benefits.html&ei=-YxQUbbyGpLU8wTAnYDgCw&usg=AFQjCNFoSkx5Z9cnFfTtksP09Kvx9UloJw&bvm=bv.44158598,d.eWU</a>
- 5. http://www.juicing-benefits-toolbox.com/health-benefits-of-asparagus.html

## **™** The Answer Corner **№**

1. Question: How long can a remedy made in water be kept? Should we put it in the fridge? Can we add vibhuti to the water?

*Answer:* The remedy should keep for up to 7 days when put in a capped bottle but it is not recommended to store it in the fridge. Adding vibhuti is unnecessary.

2. Question: If it is difficult for a working person to take the afternoon dose, is it ok to take it twice a day in the morning and at night instead of the usual TDS?

Answer: Taking it twice a day is better than not taking. TDS will give the best results.

3. Question: Can we take the remedy immediately after brushing our teeth; is brushing with toothpaste considered like taking food? Should we avoid using mint-flavour toothpaste because it could interfere with the vibration in the pills?

*Answer:* No, it is best to wait for at least 20 minutes after brushing. Mint doesn't matter, all toothpastes have their own vibrations.

4. Question: When I give the pills to my children, even though I wait for 20 minutes after they have eaten, there are still some food particles left in their mouth, is it OK to give the remedies?

*Answer:* It is best to rinse the mouth well or drink water so that no particles of food are left in the mouth. Better still to give the remedy at least 20 minutes before the meal.

5. Question: Do we shake the vial 9 times after each drop when putting more than one combo in a bottle of pills?

Answer: After each drop of a combo, shake lightly. After the last drop, shake 9 times in a figure of flat 8. Some practitioners prefer to put all the drops in an empty vial, add the pills and then shake in the usual way.

- 6. Multiple skin ointment questions:
- a. Question: Although the patient rubs it on his skin, does he need to use a plastic spoon to take out ointment from the container so as not to contaminate the entire prepared ointment with vibrations of his fingers?

Answer: Yes, that's best.

b. Question: Do we apply the ointment on the patient's skin for the first time like we put the first pill in the patient's mouth? What if the skin infection is contagious?

Answer: No, we don't touch the patient. He applies it himself.

c. Question: Is the dosage TDS – same as for the pills? Should the patient rub the ointment in? Should he use a bandage or band-aid to cover the skin?

*Answer:* Yes, dosage is TDS. It depends on the skin condition whether to rub it in or not. In the case of an open wound, for example, apply the ointment and use bandage or band-aid as appropriate. In the case of better skin condition, it may be appropriate to rub it in. Sometimes, it is good enough just to make the vibration in water and dab it on the skin with a cotton swab.

d. Question: How do we mix the CC drops into a cream or jelly, do we heat up the jelly so that it turns into a liquid state and then put CC drops in it and then mix it with a plastic spoon?

Answer: No, heating is not needed. Simply put one drop and mix well with a wooden/plastic spatula. Then, add another drop and mix; you may need to repeat this procedure 3 or 4 times (if the jelly is thick) until you are sure that the CC drops have mixed well with the jelly or the cream.

e. Question: Is it advisable to make eye or ear drops and how to do the same?

*Answer:* It is a good idea to take a two-prong approach in the case of eye, ear or skin problems. To make eye drops, put 1 drop of the combo in 200 ml of rose/distilled water. Then dispense in a 20/30 ml dropper bottle.

**Warning:** If you put one drop directly in 20/30 ml of water, it could cause a sting in the eye! Also, we should not put a CC drop directly in a patient's mouth. For ear drops, put one drop of the CC in 20/30 ml of extra-virgin olive oil and shake well.

Practitioners: Do you have a question for Dr. Aggarwal? Send it to him at <a href="mailto:news@vibrionics.org">news@vibrionics.org</a>



## **©** Divine Words from the Healer of Healers **®**

"The body is but a boat, an instrument for crossing the sea of births and deaths that you have earned through the merits of many generations. Crossing the sea is to realise the Dweller, in the Dwelling. The purpose of the body (deha) is to realize the Indweller (Dehi). So, even when the body is strong and skilled, the intellect is sharp and the mind alert, every effort must be made to seek the Indweller. So keep your body fit, strong and free from trouble. Just as the boat should be seaworthy, your body too should be fit for its purpose. You must take good care of it."

... Sathya Sai Baba, Divine Discourse, Aug 3, 1966

"Do not be carried away by the cynicism of critics – that should serve only to encourage you. Examine the faults that may lie dormant in you and work sincerely to get rid of them. Do not merely give platform speeches on the excellence of qualities such as charity, service, sympathy, equality, secularism, etc. Descend from the platform and practise at least a few ideals sincerely. When your neighbour is in the throes of a serious illness, do not rest content with the idea that you are happily free. You are not free if even one is suffering or bound.

Remember that the food you give to each living being reaches the Supreme Divine Himself, the service you do to any being, anywhere in the globe, fills the Lord with joy." ....Sathya Sai Baba, Divine Discourse, 25 Feb 1964

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"All the pains and pleasures one experiences are the results of their own actions and not due to any act of the Divine."

...Sathya Sai Baba, Radio Sai 18 Feb 2013

### ⊗ Announcements

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- ❖ UK London: Annual vibrionics practitioners meet 14 April 2013, contact Jerambhai at 020-8551 3979 or by email at <u>jeramjoe@gmail.com</u>
- ❖ Poland Wroclaw: JVP workshop & refresher course for existing AVPs 27-28 April 2013.
- Poland (venue to be decided): Senior VP workshop 13-15 September 2013.
  Contact Dariusz Hebisz +48 606 879 339 or by email at <a href="wibronika@op.pl">wibronika@op.pl</a>
- ❖ India Puttaparthi: SVP workshop 15-20 July 2013, contact Hem at <a href="mailto:99sairam@vibrionics.org">99sairam@vibrionics.org</a>
- ❖ India Puttaparthi: AVP workshop 23-27 July 2013, contact Hem at 99sairam@vibrionics.org
- ❖ Greece Athens: JVP and practitioners refresher workshops 21-23 September 2013.

Contact Vasilis at saivasilis@gmail.com or by telephone at +30-697-2084 999.

### **Attention Practitioners**

If your email address changes, please inform us at <a href="mailto:news@vibrionics.org">news@vibrionics.org</a> as soon as possible. Please share this information with other vibro practitioners.

You may share this newsletter with your patients. Their questions should be directed to you for answers or for research and response. Thank you for your cooperation.

**Om Sai Ram!** 

Sai Vibrionics...towards excellence in affordable medicare - free to patients